



# Policy 01 Player Safety and Welfare

## **Policy Statement**

Wests Scarborough Rugby Union Club (WSRUC) is committed to the safety and welfare of our players.

## Principles

- Player safety and welfare is the highest priority for WSRUC
- WSRUC values all players and is focused on increasing participation in the sport.
- WSRUC upholds the reputation of our club in providing a positive and safe environment for our players.

## Rationale

This policy is to ensure all Coaches, volunteers, members and players make the welfare and safety of the players their highest priority.

#### WSRUC recognises that

• There are clear policies and procedures administered by Department of Sport and Recreation (Making Sport Safe), Rugby WA (Competition Rules and Procedures) Rugby Australia (Policies) and World Rugby (Laws of the Game including variations) which guide this document.

## Implementation

Implementation of this policy is structured in line with the Making Sport Safe Junior sport policy <u>https://www.dsr.wa.gov.au/docs/default-source/file-clubs/file-club-roles/26-makin-sport-safe---junior-sport-policy-2011.pdf?sfvrsn=4</u>

#### Facilities and Equipment

Version:	1.0
1010111	<b>T</b> .O

Page 1 of 4

Approved By: Juniors Committee	Revised By: Chris Mather
Approval Date: 13/01/2020	Revision Date: 5/5/2020





All Games are to be played in accordance with World Rugby and Rugby Australia Rules including grounds and rule modification.

All players are to train and play with enclosed football boots and fitted mouth guards.

Headgear are made available to all players although are not compulsory.

All equipment owned by WSRUC will be maintained and replaced when deemed unfit for its purpose

### The Environment

Rugby WA's RWA3 Hot and Adverse Weather procedures provide the necessary guidance on training and playing in hot and adverse weather. Coaches, Managers and officials are to ensure they are familiar with these procedures and monitor players and adjust training or the game to factor in environmental elements.

### Conduct of training and competition to prevent injury, illness.

All Coaches are to be endorsed by the Committee and registered through Rugby xPlorer. All Coaches are required to hold or be working towards the relevant qualifications and accreditations for their age group in line with the Rugby WA Eligibility of Player, Coaches and Managers RWAJ 13

#### Infectious diseases

All Coaches, Managers and Volunteers assist in limiting the spread of infectious diseases through ensuring equipment is not shared and players are removed from training or games when free flowing blood is present and treated accordingly.

### Medical conditions

All Guardians of players are to provide a pre participation screening questionnaire dealing with any special needs and implications for playing and training.

This information is to be held centrally and securely and is only provided to the relevant Team Coach and Manager to ensure they are aware of conditions and required treatment, including treatment action plans. By having this information on hand Coaches and Managers can ensure this information is passed on to appropriately trained medical personal.

Version: 1.0	Version: 1.0 Page 2 of 4	
	Approved By: Juniors Committee	Revised By: Chris Mather
	Approval Date: 13/01/2020	Revision Date: 5/5/2020





All Rugby WA sanctioned games have a fully qualified trained paramedic at the venue. All Club sanctioned training is to have at least one Qualified First Aid trained volunteer present and a fully stocked first aid kit.

For serious medical conditions it may be appropriate to request the players guardian to be present during training and games to administer medical treatment to their child.

### Drugs

There is a zero tolerance policy to illegal drugs. Any player found to be using illegal drugs that will impact their performance or the safety of other players will be suspended from membership under Section 11 of the Wests Scarborough Rugby Union Club (Inc) Constitution.

### Dealing with Emergencies

Coaches and Managers are to be familiar with Rugby AU Policies for Serious Injury. https://www.rugbyau.com/about/codes-and-policies/safety-and-welfare/serious-injuries

#### Minor Injuries requiring first aid treatment

- A First Aid Kit and ice packs are to be made available next to the BBQ area during all official training.
- Any first aid provided to a player requiring the use of the first aid kit is to be recorded in the first aid recording sheet. (This is a preventative measure to ensure if an injury requires additional treatment at a later point.) These records are held by the Club Secretary.
- Managers are also provided first aid kits to enable administering of minor first aid during games.

#### Serious Injuries

- If there is ever any doubt in relation to an injury during training, particularly neck or back, Coaches and Managers are to use the precautionary principle and call an Ambulance.
- Any serious injuries during games should be referred to paramedics who are available at all venues for sanctioned games.
- All serious injuries are to be reported to the Club Secretary as soon as possible to ensure the Serious Injury Protocol of Rugby Australia is adhered to.

Version: 1.0		Page 3 of 4
	Approved By: Juniors Committee	Revised By: Chris Mather
	Approval Date: 13/01/2020	Revision Date: 5/5/2020



Wests Scarborough Junior Rugby Union Club Bennet Park, Shearn Crescent, Doubleview WA 6018 Postal Address: PO Box 1217, Scarborough WA 6922 www.westsscarboroughrugby.com.au



#### Insurance

• All registered players and officials are covered through Rugby Australia Insurance <u>https://ra.aon.com.au/</u>

## Promoting this policy

WSRUC will:

• Place a copy of the policy on the Club website.

## **Policy Review**

This policy will be reviewed annually to ensure it remains relevant to club operations and reflects both community expectations and legal requirements.

#### Further Information regarding this policy

EMAIL: juniors@westsscarboroughrugby.com.au

Version: 1.0

Page 4 of 4

Approved By: Juniors Committee	Revised By: Chris Mather
Approval Date: 13/01/2020	Revision Date: 5/5/2020